

Seniors First

Elves for the Elderly

Seniors First is a 501(c)3 non-profit organization providing vital programs to support Placer County seniors, their families and caregivers. Our mission is to provide long-term support and services to help Placer County older adults maintain their independence and thrive.

Special Holiday Needs

Special Needs: Supermarket gift cards, magnifying glasses, new blankets, Christmas/Holiday cards, knit hats, slip-free slippers and socks, mittens, art paper, puzzles and board games.

Each year we provide gifts to seniors through our **Elves for the Elderly** program. For some, it is the only gift or holiday greeting they receive. Please help make a difference today by donating.

Year-Round Needs

Donations: Monetary donations go a long, long way toward providing vital services to seniors to help them remain independent and thriving; Just \$50 will provide two weeks of hot, nutritious lunches for a homebound senior at risk of malnutrition.

Ongoing Needs: Gas gift cards, grocery store gift cards, general donations.

Volunteers: Volunteer with any one of our programs to make a difference in the life of a senior. Contact us at volunteer@seniorsfirst.org for more information about how to get involved.



For more information about this event, contact Summer Ledford, Development Manager at Seniors First (530) 492-5413 x223 or summer@seniorsfirst.org





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